

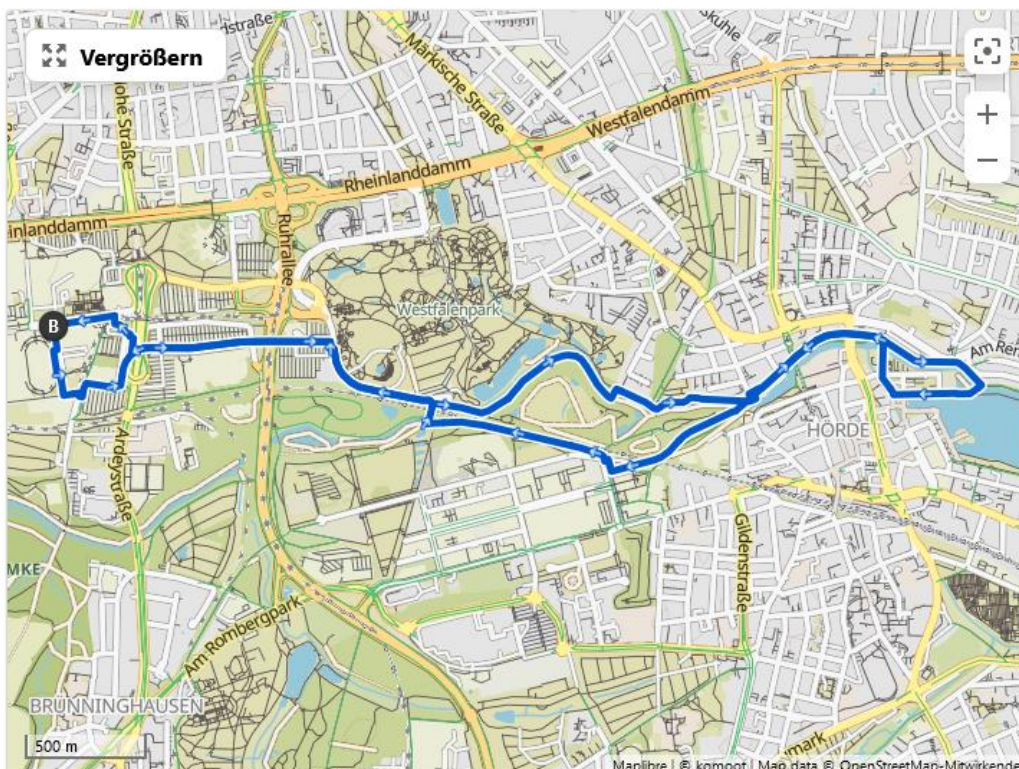
1. Laufrunde 1 12 km - 6 min/km

KARTE



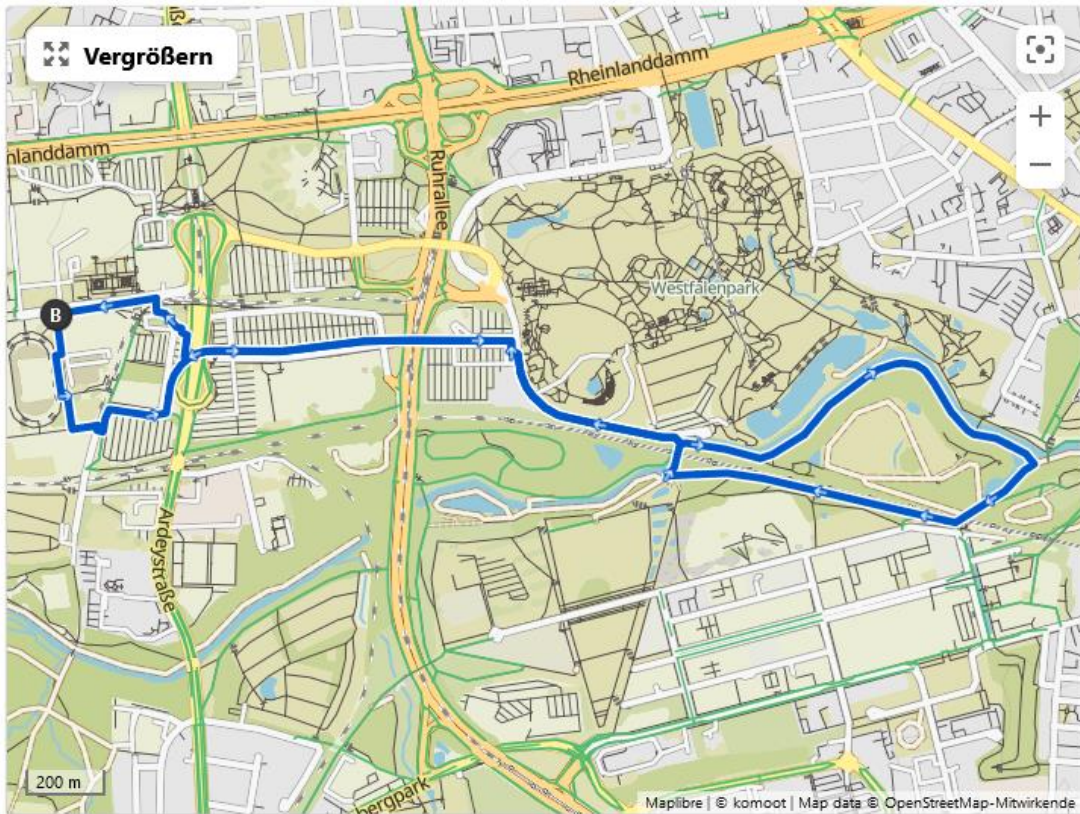
2. Laufrunde 2 9,5 km - 7 min/km

KARTE



3. Laufrunde 3 6 km - 8 min/km

KARTE



4. Walkingrunde 5 km - 11 min/km

KARTE

